



# Ravensthorpe Feel Good Friday Newsletter

30th June 2023



PETERBOROUGH KEYS  
ACADEMIES TRUST



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What is going on in our community?



**PETERBOROUGH KEYS**  
ACADEMIES TRUST



# 01 Mrs Bowyer's Blog

Dear Parents and Carers,



Thank you to those parents who completed the recent PKAT Parent Survey – your responses and comments are really appreciated. We will now be looking at the survey results at a school and trust level and will be reporting back to you in the coming weeks.

One thing that has already come out of the survey is that parents have enjoyed and appreciate the opportunity to join us at our Friday Cafes, but that it is frustrating when dates are changed at short notice. Unfortunately, there are some times when this unavoidable – for example next week's Year 3 Explore Café which has had to be moved due to the NEU Strike Action. Our only alternative was to cancel the event and we hope that as many parents and carers as possible will still be able to attend. Going forwards, we will ensure that these dates are publicised to parents at the start of the term.

Today it was our Owl's turn to celebrate their learning with their parents and on Wednesday evening we welcomed our new reception children and their parents to our open evening. During the evening, we shared the details of the exciting building work that will be taking place over the summer – this includes the refurbishment of our school hall, replacement Key Stage 2 toilets and a brand new EYFS outdoor area. We look forward to welcoming you to our new school hall in September!

Next week, our Year 5 children are attending their camping trip in Rutland – we hope you have a brilliant time!

Best wishes, Mrs Bowyer



WE ARE A PROUD MEMBER OF  
PETERBOROUGH KEYS ACADEMIES TRUST



# 02 School Calendar



PETERBOROUGH KEYS  
ACADEMIES TRUST

| Monday                                   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| 3 July                                   | 4 July  | 5 July  | 6 July   | 7 July  |
|  |   | YEAR 5<br>RESIDENTIAL   | Year 3<br>Explore Café<br>2pm - 3pm                                  | NEU Strike Day –<br>please check your<br>emails for more<br>information |
|  |   | NEU STRIKE DAY –<br>SCHOOL CLOSED   |  |   |
| 10 July                                  | 11 July   | 12 July   | 13 July  | 14 July   |
|  | Year 3 and 4 Sports<br>Morning 9-11:30<br>(weather<br>permitting) | Reception, Year 1<br>and Year 2 Sports<br>Morning 9-<br>11:30 (weather<br>permitting) | Year 5 and 6<br>Sports Morning<br>9-11:30<br>(weather<br>permitting) | Ravensthorpe<br>Festival  |
| 17 July                                  | 18 July   | 19 July   |  |   |
| Annual reports sent to<br>Parents/Carers |   | Last day of term<br>1:30pm finish   |  |   |
| Y6 Prom and final<br>performance         |   |   |  |   |

## Explore Cafes

This term, our Celebration cafes are being replaced with our Explore Cafes. This is your chance to join your child and explore part of our foundation curriculum. You might be joining them to carry out a science experiment, to create a piece of artwork or to design a product in design & technology.

Come and join us for tea/coffee and a cake and learn more about what your child is learning in school this term. All resources will be provided and no previous experience is needed!

Save the date now!

Year 3 –Thursday 6th July \*\*new date\*\*



# 03 This Week at Ravensthorpe

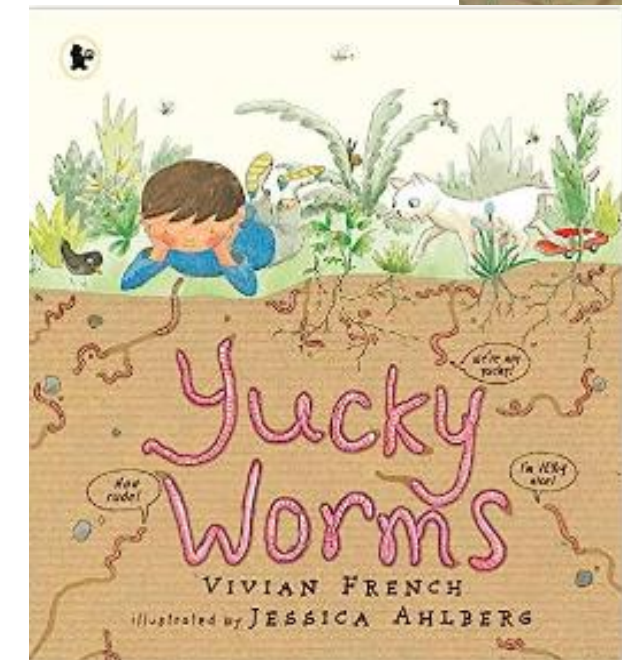
## Jack Hunt Sports Festival



A group of children from Year 3-6 attended a Sports Festival at Jack Hunt School on Wednesday- they came back with some very impressive medals. Well done to Rylee, Derian, Angel, Abbie, Joshua and Dylan for representing our school and doing us proud!



Our Reception children were joined by their parents today at their Explore Café.



Mrs Maryon shared the book *Yucky Worms* with the children and parents. She taught everyone about where worms live. Afterwards the children made some collage pictures to represent the habitat of a worm

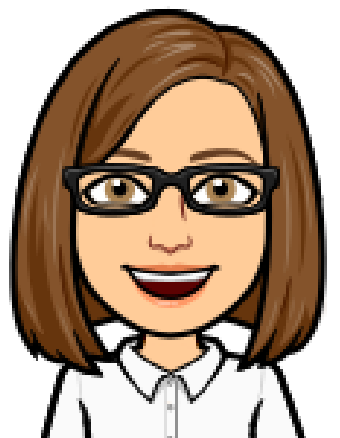


Red Kites: Alise  
Yellowbill Kites:  
Goshawks: Marlie-Rose  
Sparrowhawks: Rose  
Spotted Kestrels: Olivia  
Golden Kestrels: Glorija  
Eastern Ospreys:  
Western Ospreys: Toma  
Merlin Falcons: Dylan  
Peregrine Falcons: Melanie  
Sea Eagles:  
Martial Eagles:

Congratulations to our Being Prepared Stars! You are brilliant at being ready to start your lessons on time and will have the equipment that you need. Well done!

### Class of the Week

This week's class of the week is Western Ospreys. This class are brilliant at supporting each other and are prepared to independently research and challenge each other when learning new vocabulary. Congratulations!





23rd June - 29th June 2023

Spotted Kestrels 444

Golden Kestrels 251

23rd June - 29th June 2023

Red Kites 0

Yellowbill Kites 0

23rd June - 29th June 2023

Sea Eagles 1002

Martial Eagles 732

23rd June - 29th June 2023

Peregrine Falcons 1780

Merlin Falcons 511

23rd June - 29th June 2023

Goshawks 11

Sparrowhawks 0

23rd June - 29th June 2023

Eastern Ospreys 2120

Western Ospreys 1882

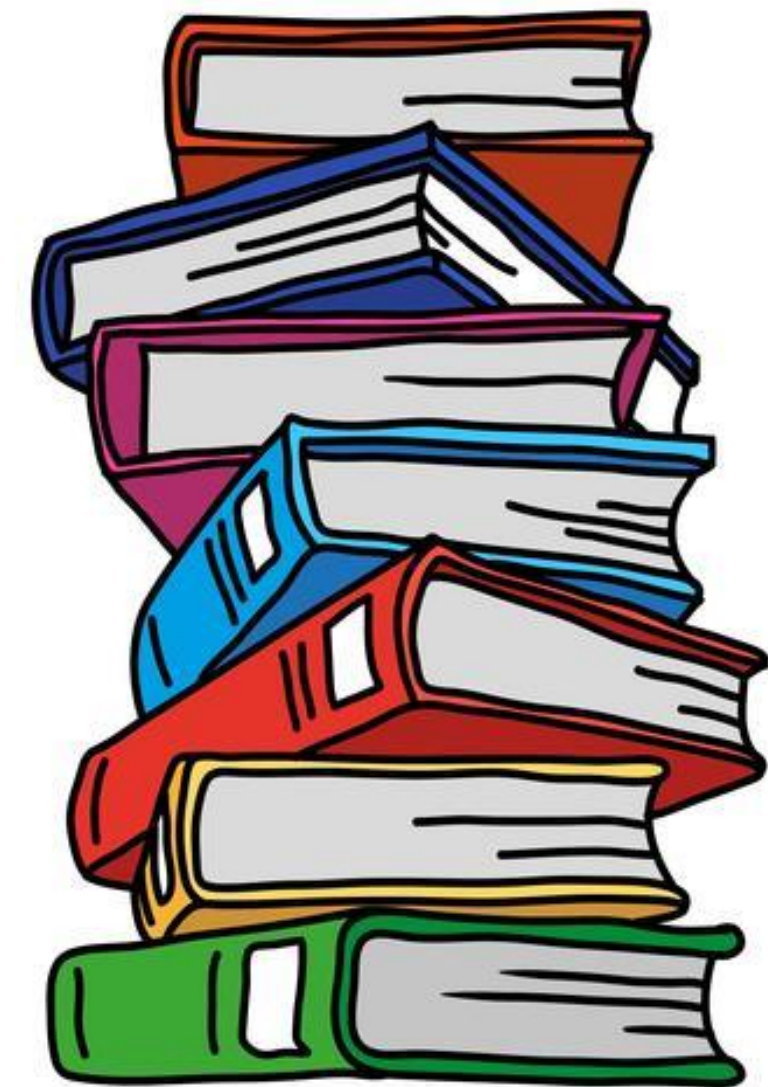
So, we have moved into 7th position within the city! Nova are now 11th, so we have overtaken them. However, we are now 0.05 seconds behind Thorpe and 0.19 seconds behind Longthorpe! Can we accelerate past them both?

Congratulations this week to Eastern Ospreys – what an amazing score!



# National Read Aloud Challenge

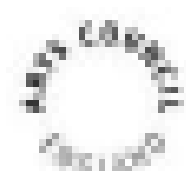
- Join the National Read Aloud Challenge and have access to hundreds of books for FREE until August 31<sup>st</sup>.
- The UK National Read Aloud Challenge is a fantastic way to cultivate a love of reading from an early age. This initiative involves using the Award Winning Fonetti app, which offers a range of engaging stories and factual books. By participating in this challenge, your child will build confidence in reading, develop speech and comprehension skills, and enhance vocabulary - all while having fun with the app over summer.
- For more information and to sign up, please click on the link below  
<https://www.readaloudchallenge.co.uk/>





Summer Reading Challenge 2023

# Ready, Set, Read!



Supported and funded by  
**ARTS COUNCIL  
ENGLAND**



**YOUTH  
SPORT  
TRUST**

**INSPIRING  
ACTIVE  
READERS**

**THE  
READING  
AGENCY**

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**SUMMER  
READING  
CHALLENGE**

# Ready, **Set, Read!**

- Visit your library this summer to join the FREE Challenge!
- Sign up and read your first book to receive your Ready, Set, Read collector folder
- Choose books to read over the holidays
- Collect stickers for each book you read
- Add the stickers to your folder to complete the Challenge!





Complete the Challenge  
and you'll get your own  
certificate, a special  
glow-in-the-dark  
bookmark and a free  
book that features  
stories, fun facts and  
illustrations of 28 Nike  
Athletes!



SUMMER  
**READING**  
CHALLENGE



# Visit the website [summerreadingchallenge.org.uk](https://summerreadingchallenge.org.uk)



Set your own **summer reading goal**

**Rate** and **review** your books to unlock badges

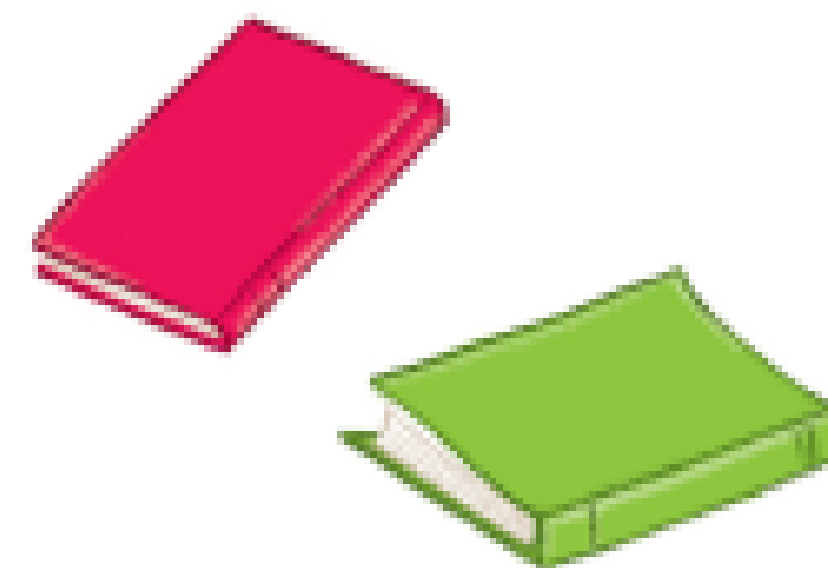
Play **games** and enter **competitions**

Enter the codes printed on your stickers to  
unlock **extra rewards**

Use the **Book Sorter** to find books  
recommended by other children



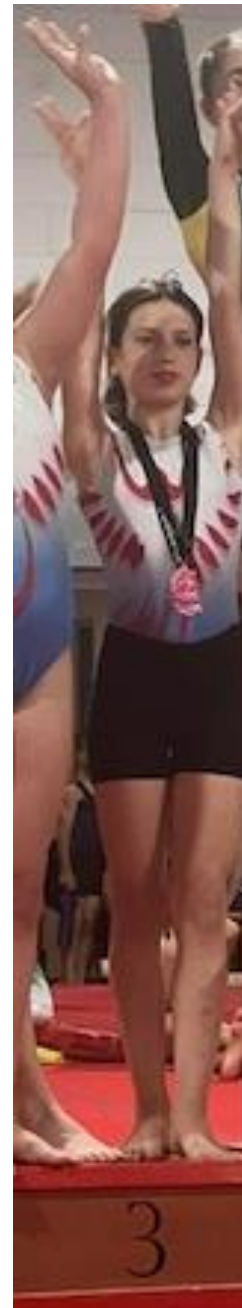
# Take part this summer!



- Join at any Peterborough Library, including on the Mobile Library
- The 2023 Summer Reading Challenge launches on Saturday July 8<sup>th</sup>
- You have until Saturday September 9<sup>th</sup> to read your books
- Visit [peterboroughlibraries.org.uk](https://peterboroughlibraries.org.uk) for opening times of your local library

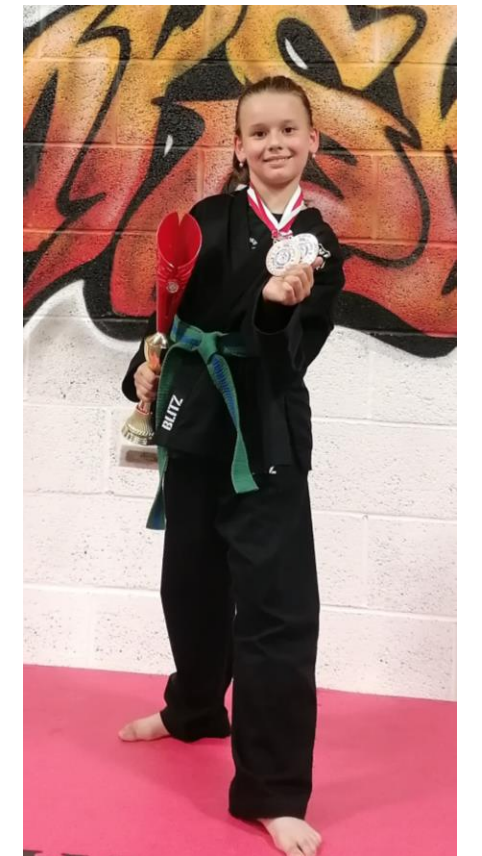


# 05 In our community...



Congratulations to Elija in Year 6 who won 2 bronze medals at Cambridgeshire Gymnastics competitions.

Well done to  
Ayaan Y2  
Oliver Y2  
Martyna Y3  
Stephen Y5  
Laurins Y5  
for working hard on their reading and spelling with Nessy



A big well done to Natalia who attended the BCKA World Cup, she came 1st in Light Contact, 2nd in Points & 3rd in Kata. She is also World Cup Champion in Light Contact up to 12 years of age.



John Paul has achieved his green belt in karate, well done!



# Birthdays



Regan  
5

Emilija  
9

Milena K  
10

Gabrielle  
6

Summer S  
10

Jokubus  
11

Oliver  
8

Adrian  
10

Cameron W  
11

**Happy Birthday from everyone at Ravensthorpe!**



## Friendship and Games Club



### WestRaven Community Café

Come along and join our friendly club for great conversation, games and friendship. Get out of the house and meet new people.

There will be free tea, coffee and cakes, plus loads of board games. Or just enjoy a chat in great surroundings.

The club is run by CKH volunteers. If you would like to volunteer, pop along to the club and let us know.

**Every Thursday**  
**10am - 12pm**



No need to book, just come along and join in the free, family fun!

WestRaven Community Café, Hampton Court,  
Westwood, Peterborough, PE3 7JA



COMMUNITY



## Eat well, lose weight, feel better



We've joined with Healthy You to offer **FREE Adult Weight Management Programme** for those living with mental health challenges.



The most important reason to lose weight is to make you feel better. Being overweight or obese puts you at higher risk of developing Type 2 Diabetes, cancer, or having a stroke or heart attack.

We know that losing weight is not always easy - especially if you are living with poor mental health - but Healthy You is here to help.

You'll join a programme of 12 weeks of face to face coaching, either online or in person to help you to make healthy food choices and increase your activity levels.

To join the programme, you'll need to have a BMI of over 25 (we can help you to work that out, if you don't know) and be living with mental health challenges.



To find out more and sign up call us on **01733 396404** or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or just scan the QR code and fill in the form on our website and we'll be in touch.



## CKH Careers Club Events



Join us to find out how you can access fully funded training to gain either a:



- SIA licence to work in security
- HGV licence to work in the road haulage industry
- CSCS card to work in the construction industry



**Monday 3 July, Hampton Library 12.30pm - 2.30pm**

**Tuesday 4 July, Orton Library 9.30am - 11am**

**Thursday 6 July, Westwood Community Hub 10am - 12pm**

CKH Careers Club is completely free to attend and open to everyone, not just CKH residents.

Booking is essential. To book your place scan the QR code to go to our website, call **01733 396404** or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk).

Don't forget to follow us on Facebook to keep up to date with all our news and events.



## Community Litter Pick



### Join us and make a difference in your local area!

We're holding a litter pick and we want you to join us. Not only will you be able to get some gentle exercise in the fresh air, and meet some new people, but you'll also be making your neighbourhood a better place to live.

We'll provide litter pickers and gloves and ensure the litter is disposed of in a responsible way. You just need to turn up and join in the fun!

**Every Thursday,**

**Meet at 12.30pm outside the CKH Westwood Hub, 31-35 Hampton Court, Westwood.**

*Same time, same place, every week!*



**Call us today on 01733 396404 to find out more or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk)**



AT OUR CORE, WE BELIEVE THAT EACH POINT OF THE STAR REPRESENTS AN ESSENTIAL ASPECT OF OUR LIVES, GUIDING US TOWARDS A PATH OF FULFILLMENT AND PERSONAL GROWTH.

CONFIDENCE EMPOWERS US TO EMBRACE CHALLENGES WITH, WHILE RESPECT FOR ONESELF AND OTHERS FOSTERS HARMONIOUS RELATIONSHIPS AND A SENSE OF UNITY. DISCIPLINE MOLDS OUR CHARACTER, PROVIDING THE STRUCTURE AND DETERMINATION NECESSARY TO ACHIEVE OUR GOALS.

FOCUS SHARPENS OUR MINDS, ENABLING US TO NAVIGATE THROUGH DISTRACTIONS AND STAY DEDICATED TO OUR ASPIRATIONS.

ULTIMATELY, BY EMBODYING THESE PRINCIPLES, WE UNLOCK THE GATEWAY TO SUCCESS, TRANSFORMING OUR DREAMS INTO REALITY. TOGETHER, WE EMBRACE THE BRILLIANCE OF THE STAR, HARNESSING ITS ENERGY TO ILLUMINATE OUR JOURNEY IN EVERY ENDEAVOR WE PURSUE.

INSPIRED MARTIAL ARTS

**WE OFFER AFTER SCHOOL CLUBS**

**WE DELIVER HIGH QUALITY AFTER SCHOOL CLUBS AND PE LESSONS**

ELEVATE YOUR SCHOOL'S SPIRIT: UNLEASH THE POWER OF MARTIAL ARTS! JOIN OUR INCLUSIVE CLUB AND WATCH CONFIDENCE, DISCIPLINE, AND FOCUS SOAR AMONG YOUR STUDENTS. LET MARTIAL ARTS IGNITE THEIR POTENTIAL AND FOSTER RESILIENCE. BRING THIS TRANSFORMATIVE EXPERIENCE TO YOUR SCHOOL NOW!"

**WHAT WE OFFER**

AT INSPIRED MARTIAL ARTS, WE OFFER A TRANSFORMATIVE AND HIGH-QUALITY EXPERIENCE THAT GOES BEYOND TRADITIONAL TRAINING. OUR TEACHING STYLE IS DEDICATED TO BRINGING OUT THE ABSOLUTE BEST IN OUR STUDENTS. WITH A TEAM OF EXPERIENCED INSTRUCTORS, WE CREATE A SUPPORTIVE AND ENGAGING ENVIRONMENT WHERE INDIVIDUALS CAN THRIVE. WE BELIEVE IN NURTURING EACH STUDENT'S UNIQUE POTENTIAL, FOCUSING NOT ONLY ON PHYSICAL TECHNIQUES BUT ALSO ON CHARACTER DEVELOPMENT.

THROUGH PERSONALIZED ATTENTION AND INNOVATIVE TEACHING METHODS, WE GUIDE OUR STUDENTS TO UNLOCK THEIR TRUE CAPABILITIES, INSTILLING VALUES OF PERSEVERANCE, SELF-DISCIPLINE, AND SELF-BELIEF. JOIN US AND EMBARK ON A JOURNEY WHERE EXCELLENCE IS NOT JUST A GOAL, BUT A WAY OF LIFE.

JOIN OUR INCLUSIVE KARATE CLUB, WHERE DIVERSITY IS CELEBRATED AND EVERYONE IS WELCOME. OUR INSTRUCTORS FOSTER RESPECT AND UNDERSTANDING, PROVIDING ACCOMMODATIONS TO MEET INDIVIDUAL NEEDS. EXPERIENCE THE TRANSFORMATIVE POWER OF MARTIAL ARTS IN A SUPPORTIVE COMMUNITY THAT VALUES YOUR UNIQUE JOURNEY.

**SME NEWS** MOST INCLUSIVE MARTIAL ARTS PROGRAM PROVIDER 2023 EAST OF ENGLAND