



# Ravensthorpe Feel Good Friday Newsletter

24th March 2023



PETERBOROUGH KEYS  
ACADEMIES TRUST



## In this week's newsletter

01

### Mrs Bowyer's Blog

This week's news from around the school.

02

### School Calendar

Including Red Nose Day News

03

### The RPS Way

Being Safe

04

### Soaring high....

Who are our Stars of the Week?  
Which class will win battle of the bands on Times Table Rockstars?

05

### In our community....

Celebrating success  
Birthday wishes  
What is going on in our community?



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# 01 Mrs Bowyer's Blog

Dear parents, carers and children,



The sun is finally shining and it does feel like spring is in the air! This week, I want to start by celebrating all of the wonderful events that have happened in the past week – many of which have not taken place since 2019.

The week started with our second, sell-out, Mother's Day Breakfast. It has been lovely to welcome so many Mums, Grandmothers and carers into school for the delicious breakfast (thank you again to the team in Rocky's Diner for putting this together and to the staff who supported with teas and coffees.) We then had the first of our two in-person parents' evenings. Thank you to all the parents who commented on the excellent behaviour and professionalism of our Year 6 students who supported on the evening and thank you to our Year 6 students: Sidra, Dominika, Lyn, Cade, Sumnima, Suyena and Alessia for being so brilliant (and ensuring that everything ran to time!) If you haven't managed to book an appointment yet, we do have a limited number of appointments available for Tuesday 28th March – please see the link you have been sent via text message and email.

Finally, congratulations to our Year 5/6 Football Team, who attended their first tournament on Wednesday. I know they were thrilled to be taking part and, although we didn't win, their fantastic behaviour and respect for others was commented on by the organisers.

Have a great weekend,

Best wishes, Mrs Bowyer



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PETERBOROUGH KEYS ACADEMIES TRUST

# 02 School Calendar



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Monday		Tuesday		Wednesday		Thursday		Friday	
	27-Mar		28-Mar		29-Mar		30-Mar		31-Mar
		Parents' Evening						Easter Bonnet Competition!  End of Term - school closes at 1:30	
Easter Holidays – Monday 3 <sup>rd</sup> April to Friday 15 <sup>th</sup> April									
	17-Apr		18-Apr		19-Apr		20-Apr		21-Apr
Start of Term – School re-opens									
	24-Apr		24-Apr		26-Apr		27-Apr		28-Apr
								Star Wars Day!	
	1-May		2-May		3-May		4-May		5-May
May Bank Holiday – school closed						Coronation Event – Save the date!		Coronation Event – Save the Date!	



## Upcoming events



**Friday 28th April – Star Wars Day**

**May 4th and 5th – Coronation events for all the family**

**Please look out for more details after Easter**

## Easter Bonnet competition Friday 31st March

All children are invited to create an Easter bonnet at home and then bring it in to school on Friday 31st March. There will be a prize for the best Easter bonnet in each class.



There will also be a special Easter menu -

Blue – Chicken Nuggets

Yellow – Quorn dippers

Both served with potato waffles

Dessert – Easter biscuit or rice crispy nest with mini eggs



\*\*\*PLEASE NOTE\*\*\*

There will not be a third lunch option on this day. All recorded dietary requirements will be catered for

# 03 The RPS Way



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## The RPS Way



Be Respectful



Be Prepared



Be Safe

This week, we are continuing our look at the RPS Way, with a continued focus on being safe

A key part of our being safe is of course being safe online. To support the children with this, we have introduced the 'Keeping Safe' curriculum. This is a Trust-wide approach to online safety from EYFS to Year 6 and is taught weekly to all children. Our current focus is on online relationships.



PERSONAL BEST



OPPORTUNITY



LEADERSHIP



COMMUNITY



LEARNING



# The RPS Way

## Be Safe



How can parents and carers help?

Each term, we will send out a newsletter sharing what the children are learning in their Keeping Safe lessons. This is an ideal opportunity for you to talk to your child about these issues. When things arise in school, we will also send out information to year groups so that you can support your child at home to keep themselves safe. We know it is hard, especially when children say 'but all my friends have xxx', but there are reasons for the age limits on social media sites such as instagram and snapchat. The most important thing you can do as parents is keep talking to your children, reassuring them that they can talk to you about any concerns and ensuring that you know what they are doing when they are online.

As a school, it is difficult for us to deal with issues that occur online out of school, but if you are concerned, please contact the office to speak to our pastoral team.



**Keeping Safe news**

**EYFS**

- I can recognise some ways in which the internet can be used to communicate.
- I can give examples of how I (might) use technology to communicate with people I know.

**Year 1**

- I can give examples of when I should ask permission to do something online and explain why this is important.
- I can explain why it is important to be considerate and kind to people online and to respect their choices.

**Year 2**

- I can describe different ways to ask for, give, or deny my permission online and can identify who can help me if I am not sure.
- I can explain why I have a right to say 'no' or 'I will have to ask someone'. I can explain who can help me if I feel under pressure to agree to something I am unsure about or don't want to do.

**Year 3**

- I can explain what it means to 'know someone' online and why this might be different from knowing someone offline.
- I can explain what is meant by 'trusting someone online', why this is different from 'liking someone online', and why it is important to be careful about who to trust online including what information and content they are

**Online relationships**

Our topic in the Keeping Safe curriculum is Online Relationships. How can you help your child with this challenging topic?

From gaming platforms to social networks and other platforms, digital technology allows us to stay in touch and develop relationships with others. However, not all online interactions are positive.

Teaching children the differences between healthy and unhealthy relationships can help them to build positive, respectful relationships with others online. It can also help children and young people recognise risk, make judgements on who to trust and where to get help if they are worried.

The yearly breakdown on the left shows what each year group will be doing to provide a foundation for building positive relationships online. Many of the themes are revisited many times across the years from EYFS to Year 6 and this is to ensure that children develop a deep understanding of the difference between healthy and unhealthy online relationships.

On the next page there are a number of resources that parents could use to reinforce the work completed in school.

**PLEASE GET IN TOUCH IF YOU HAVE ANY QUESTIONS 01733 263342**

**WWW.RAVENSTHORPEPRIMARY.ORG.UK**

**Year 4**

- I can describe strategies for safe and fun experiences in a range of online social environments (e.g. livestreaming, gaming platforms)
- I can give examples of how to be respectful to others online and describe how to recognise healthy and unhealthy online behaviours.
- I can explain how content shared online may feel unimportant to one person but may be important to other people's thoughts feelings and beliefs.

**How can I support my child?**

Below are some links to sites that can support parents to discuss online relationships. Click on the logos to access the sites.

**Childnet International** This ChildNet site discusses online relationships as part of digital wellbeing - very useful for Years 5 and 6.

Jessie and friends is used in school and has an activity website that parents can use. It contains lots of information for parents.

**SWGfL** Children may be using language within gaming that masks whether a relationship is positive. Use the link on the left for a dictionary of gaming terms.

Lego have produced a number of guides that present important topics for family discussion whilst also including an element of play. This can be really useful to start conversations with a reluctant child.

**IN THE NEWS**

**WHAT IS BEREAL?**

BeReal is a new social media app. It notifies you once a day to upload an image of what you are doing. Once you receive the notification, you have two mins to capture and share what you are doing at that moment. All your friends post at the exact same time. Once you have posted, you can then see what your friends have posted. If you don't post your BeReal, then you can't see your friend's BeReals from that day or access the discovery tab.

**WHAT DO I NEED TO BE AWARE OF?**

- You must be 13+ to use BeReal.
- Users add their date of birth to register (no age verification takes place) although users do need to add a mobile number.
- BeReal is private by default and only visible to your friends. However, it is possible to share with all users by selecting the public option. If selected, your BeReal will appear in the Discovery tab for all users to see and interact with.
- There is also an option to share your location. If you don't enable your location, then you can't see other user's locations. Chat to your child about location sharing as it is important that your child understands the risk of location sharing and when it may be appropriate to share.

For further information, click the link below.

BeReal - a guide to the new social media app | Childnet

**Year 5**

- I can explain that there are some people I communicate with online who may want to do me or my friends harm. I can recognise that this is not my / our fault.
- I can explain how someone can get help if they are having problems and identify when to tell a trusted adult.
- I can demonstrate how to support others (including those who are having difficulties) online.

**Year 6**

- I can explain how sharing something online may have an impact either positively or negatively.
- I can describe how things shared privately online can have unintended consequences for others. e.g. screen-grabs.
- I can explain that taking or sharing inappropriate images of someone (e.g. embarrassing images) even if they say it is okay, may have an impact for the sharer and others, and who can help if someone is worried about this.

**PLEASE GET IN TOUCH IF YOU HAVE ANY QUESTIONS 01733 263342 OFFICE@RPS.PKAT.CO.UK**

Red Kites: Mia T

Yellowbill Kites: Micah

Goshawks: Jasmina

Sparrowhawks: Rada

Spotted Kestrels:

Golden Kestrels:

Eastern Ospreys:

Western Ospreys: Asin

Merlin Falcons: Leon

Peregrine Falcons: Elizabeth

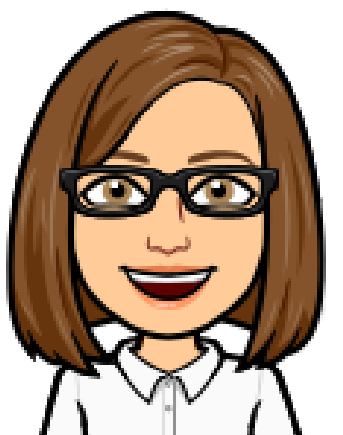
Sea Eagles: Anna

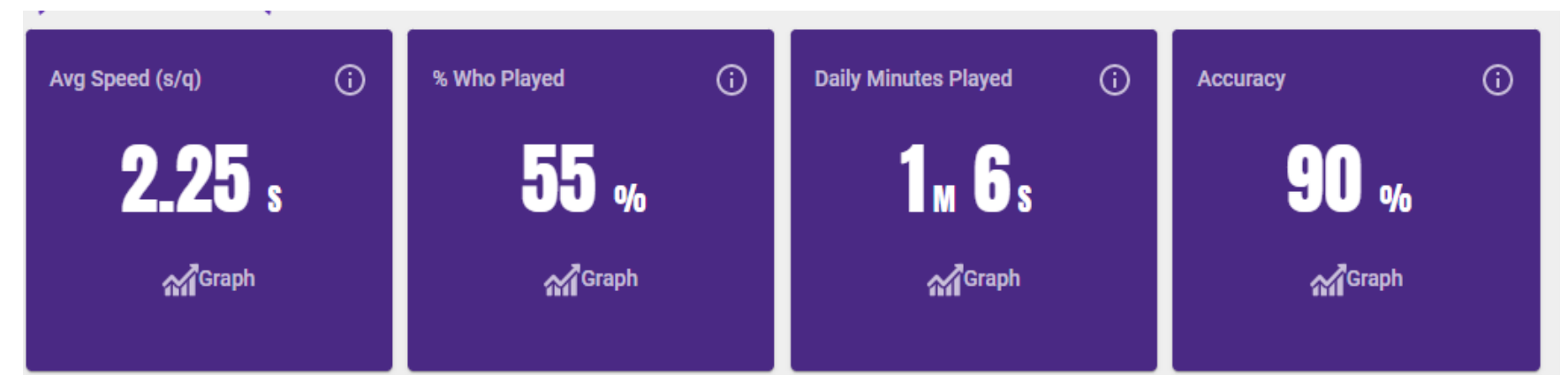
Martial Eagles: Lyn

### Classes of the Week!

This week, our award goes to our amazing football team for their fantastic demonstration of the RPS Way during the recent football tournament. Both the organisers and the other adults present commented on how respectful the team were, how well they behaved over the entire day and their sportsmanship. Well done!

This week, we are focusing on those children who have shown that they are being safe. These are those children who walk sensibly and silently around school, who ensure they always listen to the adults during lessons, PE and on the playground. These are the good friends, who play safely with others and look out for one another.





17th March - 23rd March 2023	Golden Kestrels	224	Spotted Kestrels	53
17th March - 23rd March 2023	Red Kites	0	Yellowbill Kites	0
17th March - 23rd March 2023	Martial Eagles	2481	Sea Eagles	2398
17th March - 23rd March 2023	Peregrine Falcons	1211	Merlin Falcons	364
17th March - 23rd March 2023	Sparrowhawks	9	Goshawks	8
17th March - 23rd March 2023	Western Ospreys	712	Eastern Ospreys	152



We have rapidly moved up the table across Peterborough!  
Last week we were 20th, this week we are 15th!

# 05 In our community...



A big well done to:

Oliver Y2  
Erik Y3  
Martyna Y3  
Joshua Y4  
Laura Y4  
Fabio Y5  
Hunter Y5

for working hard on their reading  
and spelling on Nussy

Thank you to everyone  
that donated to Red  
Nose Day last Friday. We  
managed to raise £193  
for Comic Relief.



PERSONAL BEST

## Reminder

Don't forget to email your child's  
personal bests into the office so  
we can celebrate them with you

[office@rps.pkat.co.uk](mailto:office@rps.pkat.co.uk)

# Birthdays



Rada  
7

Gloria  
10

Shayaan  
10

Sophia K  
7

Leticia  
10

Ana  
8

Matas V  
10

Fabio V-L  
10

Alina  
7

Jayden W  
5

Sterling  
5

Ms.  
Mahmoud

Happy Birthday from everyone at Ravensthorpe!

# Easter Holiday Clubs

Join our children's  
activities this Easter



Come along to have fun making Easter Cards and other crafts, including making bunnies and an Easter wreath.

**Westwood Community Hub**  
Hampton Court, PE3 7JB  
Wednesday 5 April 1pm – 3pm



To find out more and book your place scan the QR code and complete the form on the website, or call 01733 396404.



## Barnardo's Spring HAF scheme 2023



Come and Join us during Easter holidays for amazing

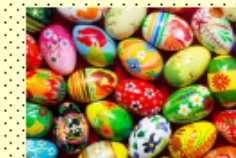
**Springtime Fun at Play House**  
Free Places Available



All meals, snacks, drinks and activities are provided free



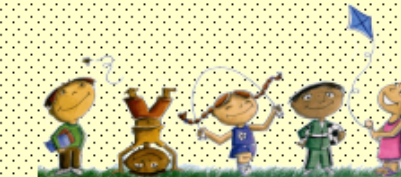
**Monday 3rd, Tuesday 4th April**  
**Thursday 13th and Friday 14th April**  
**11am to 3pm**



For more information and to check if your child is eligible for a free place please contact us on the details below



Gunthorpe Road  
Gunthorpe  
Peterborough  
PE4 7TS



Telephone: 01733 571187  
jaime.handley@barnardos.org.uk or  
rachel.blakemore@barnardos.org.uk



Ofsted Registration No: RP518879  
Setting Reference No: EY550514  
Registered Charity No: 216250

# Easter Holiday Clubs



FAMILIES FIRST PETERBOROUGH



## Easter Holidays April 2023

Families First would like to invite 5 - 13 year olds and families to free activities on:

- Tuesday 11<sup>th</sup> April 12.30 - 3.30pm at The Goldhay Centre, 105 Paynels, Orton Goldhay. **Open Access Play**, hot lunch included!
- Friday 14<sup>th</sup> April, 10 - 2pm at Crofts Corner, Essendyke, Bretton; **Mini Fun Day** including the **Families First AGM** (11.30am) and hot food!

For more information, please call Cherry Lester on 078 514 249 25  
Or email [cherryfamiliesfirst@gmx.co.uk](mailto:cherryfamiliesfirst@gmx.co.uk)

[www.facebook.com/familiesfirstpeterborough](https://www.facebook.com/familiesfirstpeterborough)



Children aged 6 to 11 years old, who are eligible for free school meals through qualifying benefits may be able to access a fully funded place during the Easter Holidays at City of Peterborough Sports Club!

Dates: 11th to 14th April 2023, 9.15am to 1.30pm each day



To register for our programme please scan the QR code and complete the form.  
Visit [www.cityofpeterboroughsportsclub.co.uk](http://www.cityofpeterboroughsportsclub.co.uk) to find out more about the Sports Club and the facilities we have.

Each day's programme will be a mixture of different sports and activities including cricket, dodgeball, football, hockey, orienteering, tennis and mini games! Educational, creative and cooking activities will also be included. Each child will also receive a nutritious meal.



Department  
for Education

Fully Funded by the  
Department for Education



City of Peterborough Sports Club  
Dalrod Sports Ground  
Bretton Gate, Peterborough  
PE3 9UZ



# COMMUNITY