



Ravensthorpe Primary School PSHE Long Term Plan

As a school we follow the Cambridgeshire syllabus for PSHE

Year	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
1	<u>Myself and My Relationships</u>	<u>Healthier & Safer Lifestyles</u>	<u>Healthy & Safer Lifestyles</u>	<u>Healthy & Safer Lifestyles</u>	<u>Citizenship</u>	<u>Healthy & Safer Lifestyles</u>
	My Emotions (ME 1/2)	Personal Safety (PS 1/2)	Drug education (DE 1/2)	Managing safety & risk (MSR 1/2)	Diversity & communities (DC 1/2)	Relationships & Sex Education (RS 1)
2	<u>Myself and My Relationships</u>	<u>Myself and My Relationships</u>	<u>Healthy & Safer Lifestyles</u>	<u>Healthy & Safer Lifestyles</u>	<u>Citizenship</u>	<u>Healthy & Safer Lifestyles</u>
	Friends and Family (FF 1/2)	Anti-bullying (AB 1/2)	Healthy Lifestyles (HL 1/2)	Healthy Lifestyles (HL 1/2)	Working together (WT 1/2)	Relationships & Sex Education (RS 2)
3	<u>Myself and My Relationships</u>	<u>Healthier & Safer Lifestyles</u>	<u>Healthy & Safer Lifestyles</u>	<u>Healthy & Safer Lifestyles</u>	<u>Citizenship</u>	<u>Healthy & Safer Lifestyles</u>
	My Emotions (ME 3/4)	Personal Safety (PS 3/4)	Healthy Lifestyles (HL 3/4)	Healthy Lifestyles (HL 3/4)	Right, Rules and Responsibilities (RR 3/4)	Relationships & Sex Education (RS 3)
4	<u>Myself and My Relationships</u>	<u>Myself and My Relationships</u>	<u>Healthy & Safer Lifestyles</u>	<u>Healthy & Safer Lifestyles</u>	<u>Citizenship</u>	<u>Healthy & Safer Lifestyles</u>
	Friends and Family (FF 3/4)	Anti-bullying (AB 3/4)	Drug education (DE 3/4)	Managing safety & risk (MSR 3/4)	Diversity & communities (DC 3/4)	Relationships & Sex Education (RS 4)
5	<u>Myself and My Relationships</u>	<u>Healthy & Safer Lifestyles</u>	<u>Brain Buddies</u>	<u>Brain Buddies</u>	<u>Citizenship</u>	<u>Healthy & Safer Lifestyles</u>
	My Emotions (ME 5/6)	Healthy Lifestyles (HL 5/6)	External NHS Provider	External NHS Provider	Working together (WT 5/6)	Relationships & Sex Education (RS 5)
6	<u>Brain Buddies</u>	<u>Brain Buddies</u>	<u>Myself and My Relationships</u>	<u>Healthy & Safer Lifestyles</u>	<u>Citizenship</u>	<u>Healthy & Safer Lifestyles</u>
	External NHS Provider	External NHS Provider	Anti-bullying (AB 5/6)	Drug education (DE 5/6)	Diversity and Communities (DC 5/6)	Relationships & Sex Education (RS 6)