



# Feelgood Friday Newsletter

4<sup>th</sup> February  
2022

LEARNING

OPPORTUNITY

COMMUNITY

PERSONAL  
BEST

LEADERSHIP

## From the Headteacher's Office...

Dear parents and carers,

Welcome to this week's Feelgood Friday Newsletter. We are very pleased to be able to report that Covid numbers continue to reduce across the school. Rates locally are still high and so we will keep our revised lunchtime arrangements in place until the end of this half term, however we are delighted to have welcomed back the majority of staff who have been unwell and will be running a full, normal menu from Rocky's Diner at lunchtimes from next week.

Here in school, the children are continuing to enjoy our whole school topic of 'Ice Worlds' - this week, our Year 1 classes have been trying to work out how to rescue some penguins who had become trapped in the ice. There were brilliant discussions about how they would rescue the penguins, with children collaborating, being enterprising and showing resilience when carrying out their experiments. Year 3 have been applying their prior learning in art to develop some stunning pictures of the Northern Lights and then practicing to draw polar bears - the results are amazing!

Next week, we will be having a school focus on Online Safety as part of Safer Internet Day on the 8<sup>th</sup> February and we hope to be able to share some of our learning next week.

With best wishes,

Mrs Bowyer (Head of School) and Mr Fry (Executive Headteacher)



# IMPORTANT INFORMATION FROM CAMBRIDGESHIRE CONSTABULARY

## Half term fun and games for 8 -10's : Band

**Runner** As half term approaches, children and young people will spend more time online and many will play games for entertainment over the break. Band Runner, created by CEOP (Child Exploitation and Online Protection) is an online interactive game designed to be a fun and creative way for children to learn about safer use of technology. They will learn to:

- Identify between safe and unsafe behaviours online
- Feel more confident to seek help from a trusted adult
- Receive further supportive resources from the 8-10s website.

The game can be accessed by following this link to the website: [www.thinkuknow.co.uk/8\\_10](http://www.thinkuknow.co.uk/8_10)

You can also find a host of other useful resources from CEOP by following this link [www.ceop.police.uk](http://www.ceop.police.uk)



## Parking

If you drive to school to drop off/collect your child please make sure you park legally and safely. Do not block paths, roads or our neighbours driveways.

## Don't be fool money mule!!

Criminals need money mules to launder the profits of their crimes. Young people are increasingly being targeted to become money mules. They are approached online or in person, including through social media, at school, college or sports clubs. Sometimes people they know persuade them to take part, often because they are also acting as money mules. Mules will usually be unaware of where the money comes from and that it can go on to fund crimes such as drug dealing and people trafficking. Being a money mule is illegal!!! When someone is caught, their bank account will be closed, and they will have problems getting student loans, mobile phone contracts and credit in the future. They could even face arrest for money laundering which carries a maximum sentence of 14 years in prison. For further understanding on Money Mules watch this short video made by the Metropolitan Police <https://www.youtube.com/watch?v=hOLiXY09Ozl> Parents & Carers, we need your help to warn children & young people about the dangers and consequences of becoming a money mule. • Make sure your child doesn't give their bank account details to anyone unless they know and trust them. • Encourage them to be wary of job offers where all interactions are online and to research any 'company' or person that offers them a job. • Tell them to be cautious of unsolicited offers of easy money, because if it sounds too good to be true, it probably is. • Look out for your child suddenly having extra cash, buying expensive new clothes or electronics with very little explanation as to how they got the money. A young person involved in money muling may become more secretive, withdrawn or appear stressed. If you think they are involved in a money mule scheme, tell them to stop transferring money immediately, notify their bank and report it to the police. Please do not attempt to contact any individual you suspect of organising money muling. If you are worried that someone close to you might be caught up in money muling, you can contact anonymously: Crimestoppers: 0800 555 111 [www.crimestoppers-uk.org](http://www.crimestoppers-uk.org) Further information can be found at [www.moneymules.co.uk](http://www.moneymules.co.uk)

## Safer Internet Day : Safer Internet Day is on Tuesday 8th February 2022

The Day is celebrated globally each year in February to promote the safe and positive use of digital technology for children and young people. This year the theme will focus on: 'All fun and games? Exploring respect and relationships online' The UK safer Internet Centre have created a range of resources for all ages. To find out more and to get involved visit: [saferinternetday.org.uk](http://saferinternetday.org.uk) and follow the links below for the relevant age related advice

## Pupil details

It is essential that we have up-to-date records for every child in school, particularly home address, email and mobile phone numbers. If you have moved or changed phone numbers, please email [office@rps.pkat.co.uk](mailto:office@rps.pkat.co.uk)

Thank you



## Injuries (outside of school)

If your child has an injury, such as a broken bone, please do let us know as soon as possible – email [office@rps.pkat.co.uk](mailto:office@rps.pkat.co.uk)

We will need to put a care plan in place before they return to school.

Thank you

## Illness/Other Absences

If your child is ill, please call the school office on 01733 263342 and select option 1 to leave a message (the absence line is available 24/7) or email [office@rps.pkat.co.uk](mailto:office@rps.pkat.co.uk)

Thank you

## Free School Meals

Applying for free school meals is quick and simple to do using the online application form below [www.cambridgeshire.gov.uk/freeschoolmeals](http://www.cambridgeshire.gov.uk/freeschoolmeals) and select "no" when asked if you have previously claimed.

# IMPORTANT INFORMATION

## Medication

If your child requires prescribed medication during the school day, you must complete a medication form, link below

<https://forms.office.com/r/cfRXYcrknQ>



Important

## Collection times

Please follow the one-way system at collection times and do not wave across the courtyard for your child to be released.

Please also continue to wear a face covering when on the school site.

Thank you

## Attendance

We aim for 100% attendance every day. It is said that good attendance = best achievement: it's not just about learning in lessons, but all the interaction with other children and teachers which can give confidence and self-understanding as they grow. We are sure we can count on the support of all our parents and carers to ensure children are in school, on time, every day. Please see the letter about attendance for more information and please contact the school office if you have any questions.

## Attendance for 24<sup>th</sup> – 28<sup>th</sup> January:

Class	Attendance %	Class	Attendance %
Barn Owls	82.0%	Snowy Owls	78.78%
Yellowbill Kites	90.37%	Red Kites	88.08%
Sparrowhawks	68.89%	Goshawks	62.41%
Golden Kestrels	88.11%	Spotted Kestrels	77.33%
Western Ospreys	94.64%	Eastern Ospreys	83.08%
Peregrine Falcons	81.58%	Merlin Falcons	82.22%
Sea Eagles	78.95%	Martial Eagles	81.85%



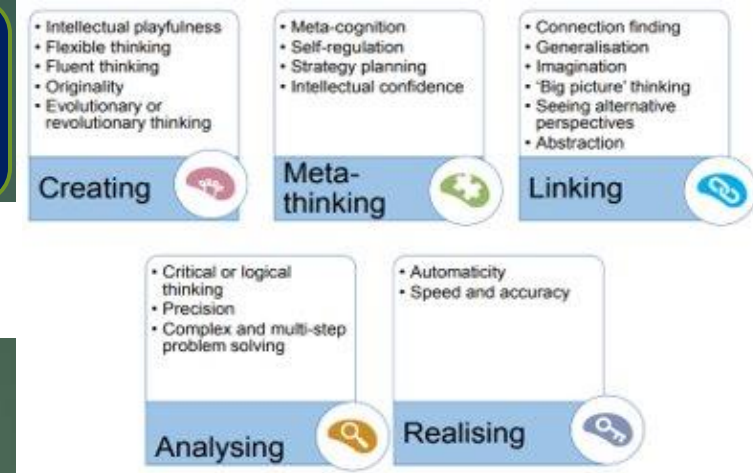
*Our Champions of the week.*



*Celebrating our best!*







These children have demonstrated the skills of *Meta Thinking* this week and are on the way to being High Performance Learners.



Barn Owls:  
**Harper**

3 Spotted Kestrels:  
**Thomas K**

5 Merlin Falcons:  
**Anna**



Snowy Owls:  
**Aurora**

3 Golden Kestrels:  
**Miley**

5 Peregrine Falcons:  
**Alvin**

1 Yellowbill Kites:  
**Amelia**

2 Sparrowhawks:  
**Emilia**

4 Eastern Ospreys:  
**Declan**

6 Sea Eagles:

1 Red Kites:  
**Emelia-Rose**

4 Western Ospreys:  
**Dorateja**

6 Martial Eagles:  
**Olivier**

2 Goshawks:  
**Olivia P**



## Meta Thinking

### Meta Thinking

Meta Thinking is all about understanding how you think and how you use your thinking skills. It is broken down into these focused skills:

- **Meta-cognition** – to be able to use a range of thinking approaches.
- **Self-regulation** – to be able to monitor, evaluate and self correct.
- **Strategy-planning** – to be able to use existing knowledge to new learning
- **Intellectual confidence** – to be able to speak about your ideas

Our KS2 literary character for this characteristic is Roald Dahl's **Matilda**..

**Matilda** used her amazing brain power to understand issues and find solutions; she could correct her mistakes; plan an elaborate strategy to beat the Trunchbull and was confident in her skills to adapt them to her tasks.



*Matilda*



## Meta Thinking

Meta Thinking – school based examples

- **Meta-cognition** – to be able to see inverse calculations e.g.  $3 \times 2 = 2 \times 3$ 
  - to be able to think about what thought process to use
- **Self-regulation** – to look back at own work to check for mistakes or that objectives have been met.
- **Strategy-planning** – leading a team – setting tasks to achieve a shared goal.
- **Intellectual confidence** – to share knowledge or opinion within a group.

Matilda





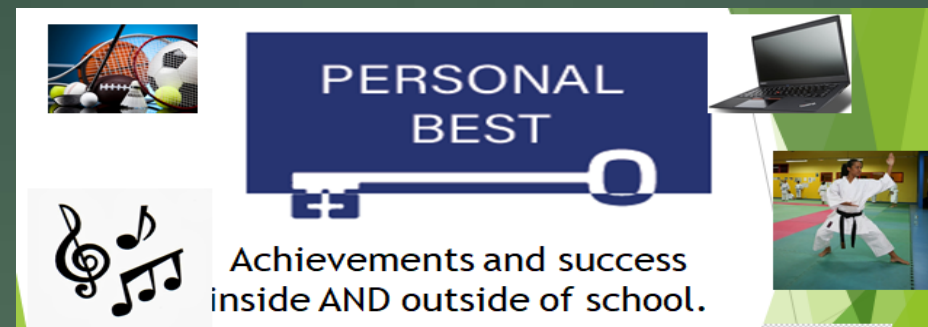


Finley, in year 5, was set the challenge of building a tower from floor to ceiling.

As you can see, he managed it.

Well done Finley!

Well done – we are very proud of you!



Wojciech, in year 4, has gained his off-road motorbike skills.

He really enjoys riding.

Well done Wojciech!



If your child achieves a 'Personal Best' out of school, please email in to [office@rps.pkat.co.uk](mailto:office@rps.pkat.co.uk) so we can share their wonderful achievements.

# Birthdays this week



Healthy snacks & water bottles

Children can bring in a healthy snack to have at break time. This **MUST NOT** be chocolate or nuts – we are a nut free school.

Children **must** bring in a named water bottle.

Aurora  
5



Tinneya  
7

Kieren  
5

Jokubas C  
9

Wil  
11

Skylah-Mae  
8

Arabella  
5



Happy Birthday from everyone at Ravensthorpe!